

## Understanding between the Perceiver Brain and its own Creation/Creations



**Gautam Saha**

CSIR-Indian Institute of Chemical Biology (IICB), Kolkata, India

The basic focus of Cognitive Science Research should be to have a deeper understanding between the perceiver brain and its entire creations \* "Self" cannot be experienced at zero dimension staying in brain input based reality \* So far our brain remain unable to make signalling with its own creation/creations, this lacking will continue to be the cause of concern for our brain itself \* There is a brain perceived reality behind the background of every brain input based reality \* Brain perceived reality is build up based on the foundation of brains unique ability of understanding, accumulating and responding to the existence \* Brain accumulated perceived models/images of the surrounding physical/non-physical entities fix the direction of the brain itself and give birth to our future reality \* The role of any chemical optional system within the body is to give the desired shape to our biology as per the reality that our brain perceives only \* Going through the art of transforming the perceived reality at the root level, we can avoid any undesired chemical operational system within the body and enjoy an ever peaceful life \*

**Keywords:** Understanding between the brain and its entire creations, experience "Self" at zero dimension, signalling between the perceiver brain and its own creation/creations, foundation of brain perceived realities, from time-to-time perceived realities make the brain emotionally fool, role of chemical optional system within the body with respect to giving shape of the brain perceived realities.

### Biography:

Gautam Saha is working as an administrative staff in a R&D Lab., Govt. of India for the last 24 years. Besides, day to day life, he personally has been actively involved in the area of behavioural sciences for the last 10 years. His intense search followed by pure feelings enabled him to identify some of the self-developed counter techniques for the perceiver brain that proves effective towards resolving many of the issues related to the mental health and wellbeing".

Conclusion: - From this finding, it is understandable that since we are shaped by our brain perceived realities, there is no other way for our brain but to face its own creation/creations. So, the more in understanding with the existence going beyond the per view of sensory organs, the more this organ will automatically be able to make signalling with its own creation/creations. Further, it is also observed that the role of the chemical optional system within the body is to give the desired shape to our biology as per the reality that our brain perceives. But the moment, we know to transform the perceived reality at the root level, we can avoid any undesired chemical operational system within the body and enjoy an ever-peaceful life.