

## An Overview on Labiaplasty: Function and Beauty with an Aesthetic Gynecological Procedure



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Labiaplasty is surgical procedure that modifies the labia minora or labia majora. It can be performed for various reasons, including cosmetic concerns, physical discomfort or to address functional issues like asymmetry or enlarged labia.

Type of Labiaplasty : Labiaplasty for labia minora: This involves reducing the size and shape of the inner labia.

Labiaplasty for labia majora : This focuses on reshaping the outer labia, often involving fat reduction and tightening or lifting of the skin.

Reasons for Labiaplasty: Cosmetic: Many women seek labiaplasty to enhance their appearance or address concerns about the size or shape of their labia.

Functional: Enlarged or asymmetrical labia can cause discomfort, irritation or pain during activities like exercise, walking or intercourse.

Reconstructive: Labiaplasty may be used to repair tears after childbirth or to address other conditions affecting the vulva.

Procedure Overview: Anesthesia: Local anesthesia with sedation or general anesthesia can be used, depending on the patient's preference and the surgeon's recommendation.

Incision and reshaping: The surgeon make precise incisions to remove excess tissue and reshape the labia, aiming for a natural and balanced appearance

Closure: The incisions are closed with sutures, which may be dissolvable.

Recovery: Most patients experience some pain, swelling and bruising after surgery, which typically subsides within a few days

Alternatives: Non-surgical options: For some individuals, non-surgical options like Radiofrequency, laser or fillers may be considered to address certain concern.

Support and Counseling: Body image issues or psychological concerns related to the vulva should be address through support groups, therapy or counseling.

### Biography:

Dr. Ni Komang Yeni Dhana Sari, commonly referred to as Dr. Yeni, is a renowned medical professional with a strong educational foundation and extensive expertise in the field of Obstetrics and Gynaecology. Her medical journey commenced with her graduation from the Faculty of Medicine at Diponegoro University in Semarang in 1999. Following this, Dr. Yeni embarked on and successfully completed her residency in Obstetrics and Gynaecology at the University of Indonesia in 2005, refining her skills in women's healthcare.

To complement her medical knowledge, Dr. Yeni pursued further studies in Hospital Administration Management at the University of Pelita Harapan in Jakarta, graduating in 2020. This equipped her with the knowledge required to excel in healthcare management and leadership.

Dr. Yeni is dedicated to staying at the forefront of medical advancements and has undergone specialised training in Aesthetic Gynaecology Procedures at the esteemed Bader Medical Institute of London. Furthermore, her dedication to innovation is demonstrated through the completion of a Managing Innovation course at Harvard University in Boston, USA.

As a senior member of the European Society of Aesthetic Gynaecology (ESAG), Dr. Yeni remains actively involved in the latest developments within her field. Dr. Yeni's professional interests encompass Female Sexual Dysfunction, reproductive health for adolescents, family planning, and the provision of comprehensive antenatal car